



Rice BackPack Meal Program

Sat & Sun meals

Rice Elementary and Rice PTA

The Rice BackPack Meal Program provides children who are in need with a bag of nutritious, easy to prepare food each Friday during the school year. This program fills the gap left when children do not have access to free or reduced priced school meals over the weekend. BackPack meals are distributed discreetly and the participants are confidential.

Items in the BackPacks must be:

- Kid friendly, nutritious ,and shelf-stable
- Individually packaged or small and light enough to carry (no glass jars please)
- Easy to prepare—even without a stove or in some cases, a can opener
- Labeled with ingredients and nutrition facts

*Feeding kids
all week long!*

What items do we need?

Fruits & Veggies

- Small boxes of raisins and other dried fruit
- Small cans of vegetables with pop-top lids
- Small cans of fruit with pop-top lids

Proteins

- Small peanut butter (container)
- Canned tuna or chicken
- Boxed mac and cheese
- Canned soup
- Shelf-stable milk boxes

Grains

- Individual servings of cereal
- Whole boxes of cereal
- Individual servings of oatmeal
- Granola bars
- Chex mix/Trail mix



Monetary donations also accepted via the Rice PTA a non-profit 503(c)3 organization:

Please make checks out to Rice PTA/BackPack Meal Program

For more information about the Rice BackPack Meal Program Contact:

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